

*Der π -Lauf im Internet!***Die Ergebnisse 2004****V. π -Lauf 22.05.04 --- Altersklassen**

| ST.Nr: | Name | Vorname | Verein | Zeit | Klasse | KL. Platz |
|-------------------------|---------------|-----------|------------------------|----------|--------|-----------|
| LM20 | | | | | | |
| 143 | Portner | Karsten | LG Bonn Troisdorf | 00:48:00 | LM20 | 1 |
| 135 | Kasack | Daniel | TV Ruppichterorth | 00:54:02 | LM20 | 2 |
| 28 | Scheunert | Sascha | | 01:00:17 | LM20 | 3 |
| 124 | Runkel | Mischa | Lauftreff Siebengebirg | 01:01:53 | LM20 | 4 |
| 65 | Esztermann | Ansgar | LT Rennhamster | 01:12:02 | LM20 | 5 |
| 70 | Grizan | Stefan | Aquarena | 01:12:07 | LM20 | 6 |
| 71 | Walterscheid | Claus | Aquarena | 01:12:38 | LM20 | 7 |
| 12 | | | | | LM20 | |
| | Kranski | Guido | HANSA | 01:23:07 | | 8 |
| LM30 | | | | | | |
| 141 | Weiss | Simon | TC RW Overath | 00:53:43 | LM30 | 1 |
| 77 | Heer | Michael | | 00:57:20 | LM30 | 2 |
| 108 | Münchrath | Frank | | 01:00:31 | LM30 | 3 |
| 32 | Oberndörfer | Martin | LLG St. Augustin | 01:01:09 | LM30 | 4 |
| 78 | | | | | LM30 | |
| | Gellern | Frank | ADFC | 01:04:33 | | 5 |
| 84 | Wesselmann | Ralph | Deutschlandstaffel.de | 01:04:33 | LM30 | 6 |
| 119 | Blume | Michael | LT Rennhamster | 01:08:57 | LM30 | 7 |
| 47 | | | | | LM30 | |
| | Knipping | Michael | | 01:10:10 | | 8 |
| 182 | Lietz | Martin | | 01:11:45 | LM30 | 9 |
| 5 | Fielenbach | Stefan | AC/DC Team | 01:11:58 | LM30 | 10 |
| 130 | Schneider | Uwe | LK 42,2 St. Augustin | 01:12:51 | LM30 | 11 |
| 19 | Wallenfang | Oliver | | 01:14:46 | LM30 | 12 |
| LM35 | | | | | | |
| 116 | | | | | LM35 | |
| | Ellebrecht | Detlef | LK 42,2 St. Augustin | 00:48:48 | | 1 |
| 173 | Seifen | Fred | TÜV Rheinland | 00:50:52 | LM35 | 2 |
| 133 | Teske | Joerg | LT Siebengebirge | 00:56:00 | LM35 | 3 |
| 185 | | | | | LM35 | |
| | Pöschl | Udo | GSV Porz | 00:56:28 | | 4 |
| 149 | Walter | Reimar | Just-4-im-Eimer | 00:57:26 | LM35 | 5 |
| 121 | Beier | Andreas | Praxis Beier und Frank | 00:59:30 | LM35 | 6 |
| 164 | Dittebrandt | Jörg | | 00:59:48 | LM35 | 7 |
| 127 | Willems | Andre | Troisdorfer LG M.U.T | 01:00:50 | LM35 | 8 |
| 61 | Kuhl | Dietmar | | 01:03:06 | LM35 | 9 |
| 186 | Minetti | Oliver | Bush Walker | 01:04:16 | LM35 | 10 |
| 45 | Bald | Jean-Luc | LT Flögerhof | 01:04:53 | LM35 | 11 |
| 128 | Klein | Friedhelm | | 01:05:07 | LM35 | 12 |
| 175 | Baldus | Frank | Club Sport Hennef | 01:05:22 | LM35 | 13 |
| 68 | Herbst | Claus | | 01:05:41 | LM35 | 14 |
| 144 | | | | | LM35 | |
| | Eusterholz | Manfred | TV Hennef | 01:07:23 | | 15 |
| 9 | Müller | Ralf | Running Shoes Spich | 01:07:29 | LM35 | 16 |
| LM35 (continued) | | | | | | |
| 2 | Wiechert | Martin | LG Meckenheim | 01:08:29 | LM35 | 17 |
| 115 | Zimmermann | Christoph | TC RW Overath | 01:10:08 | LM35 | 18 |
| 76 | | | | | LM35 | |
| | Heer | Wolfgang | TFG Nippes78 | 01:11:33 | | 19 |
| 85 | Nicolin | Marco | TSV Seelscheid | 01:13:51 | LM35 | 20 |
| 142 | Lohove | Peter | | 01:14:28 | LM35 | 21 |
| 184 | Knipp | Thorsten | BSG Allianz | 01:14:31 | LM35 | 22 |
| 187 | Gerhards | Andreas | | 01:15:51 | LM35 | 23 |
| 157 | Mann | Heinrich | | 01:18:26 | LM35 | 24 |
| 36 | Paffrath | Ralf | | 01:18:34 | LM35 | 25 |
| 161 | Blank | Daniel | | 01:20:00 | LM35 | 26 |
| 40 | Küpers | Lutz | Tatkraft Stein | 01:20:21 | LM35 | 27 |
| 145 | Boelen-Theile | Claus | | 01:20:38 | LM35 | 28 |
| 22 | Kurth | Anno | Lauftreff Heide | 01:21:23 | LM35 | 29 |
| 23 | | | | | LM35 | |
| | Barlog | Thomas | Lauftreff Heide | 01:21:24 | | 30 |
| 156 | Rieger | Herbert | LT Lohmar | 01:22:23 | LM35 | 31 |
| 94 | Rapp | Jürgen | | 01:23:11 | LM35 | 32 |

| | | | | | | |
|------|-------------|------------|------------------------|----------|------|----|
| 33 | | | | | LM35 | |
| | Gloger | Gerold | | 01:37:40 | | 33 |
| LM40 | | | | | | |
| 109 | Redlich | Michael | TuS Weiershagen | 00:47:48 | LM40 | 1 |
| 95 | Hardt | Martin | TV Refrath | 00:53:27 | LM40 | 2 |
| 60 | Griesbach | Rolf | | 00:56:45 | LM40 | 3 |
| 126 | Bergmann | Karl-Heinz | LT Hüchel | 00:57:40 | LM40 | 4 |
| 103 | | | | | LM40 | |
| | Michollek | Wolfgang | GSV Porz | 00:59:00 | | 5 |
| 104 | Nolte | Rüdiger | Gesamtschule Marienhei | 00:59:22 | LM40 | 6 |
| 118 | Hurtz | Wolfgang | BSG Kreisv. Siegb. | 01:01:44 | LM40 | 7 |
| 67 | | | | | LM40 | |
| | Heger | Torsten | | 01:02:45 | | 8 |
| 58 | Natzheim | Ralf | | 01:02:52 | LM40 | 9 |
| 147 | Schlösser | Gereon | | 01:07:13 | LM40 | 10 |
| 31 | Bias | Jürgen | VFR Marienfeld | 01:07:48 | LM40 | 11 |
| 102 | Schwensen | Dirk | | 01:08:09 | LM40 | 12 |
| 41 | Loehr | Peter | LSV Köln | 01:09:02 | LM40 | 13 |
| 138 | Bison | Thomas | LK 42,2 St. Augustin | 01:10:40 | LM40 | 14 |
| 96 | Berger | Stefan | GSV Porz | 01:11:10 | LM40 | 15 |
| 137 | Müller | Ralph | | 01:11:42 | LM40 | 16 |
| 20 | Herzog | Thomas | | 01:13:07 | LM40 | 17 |
| 98 | Frere | Frank | RSV | 01:19:50 | LM40 | 18 |
| 114 | | | | | LM40 | |
| | Hildebrandt | Andreas | 1.FC Spich | 01:20:46 | | 19 |
| 169 | Lepenies | Gunter | | 01:25:14 | LM40 | 20 |
| 50 | Kerkow | Detlev | COLOGNERUNNERS | 01:26:14 | LM40 | 21 |
| 64 | | | | | LM40 | |
| | Oppermann | Matthias | | 01:33:07 | | 22 |
| 123 | Harrer | Mario | BSG Degussa Wesseling | 01:38:12 | LM40 | 23 |

| ST.Nr: | Name | Vorname | Verein | Zeit | Klasse | KL. Platz |
|--------|---------------|------------|------------------------|----------|--------|-----------|
| LM45 | | | | | | |
| 107 | Von Lovenberg | Karl-Heinz | TUS Eudenbach | 00:50:59 | LM45 | 1 |
| 111 | Siebenhaar | Jörg | | 00:53:19 | LM45 | 2 |
| 3 | Reinisch | Frank | LG BTN | 00:55:32 | LM45 | 3 |
| 140 | Krüger | Jobst | TLC Overath | 00:58:55 | LM45 | 4 |
| 146 | Plenikowski | Peter | Lauftreff Spich | 01:00:38 | LM45 | 5 |
| 42 | Keller | Karl | Dorfgemeinschaft Hause | 01:02:10 | LM45 | 6 |
| 11 | Hanz | Detlef | LT Rennhamster | 01:03:14 | LM45 | 7 |
| 59 | | | | | LM45 | |
| | Henneberg | Gerd | RRC Sankt Augustin | 01:04:10 | | 8 |
| 125 | Schöneberg | Helmut | | 01:04:54 | LM45 | 9 |
| 87 | Tetzner | Stefan | TSV Rönsahl | 01:04:59 | LM45 | 10 |
| 29 | | | | | LM45 | |
| | Haller | Hans | TSV 1860 München | 01:06:10 | | 11 |
| 106 | Kambeck | Hans-Peter | | 01:06:19 | LM45 | 12 |
| 44 | Schneider | Bernd | LT Flögerhof | 01:06:39 | LM45 | 13 |
| 174 | Stephan | Norbert | | 01:06:55 | LM45 | 14 |
| 105 | Menger | Laurenz | BGS | 01:07:47 | LM45 | 15 |
| 122 | Menzel | Wolfgang | LLG St. Augustin | 01:08:22 | LM45 | 16 |
| 190 | Jarosch | Herbert | | 01:08:50 | LM45 | 17 |
| 162 | Schmidt | Manfred | | 01:10:04 | LM45 | 18 |
| 89 | Diefenthal | Karl-Heinz | | 01:10:29 | LM45 | 19 |
| 37 | Tehraud | Herbert | TV 08 Lohmar-Lauftreff | 01:10:29 | LM45 | 20 |
| 181 | Mons, Dr. | Dieter | M.V.T. Troisdorf | 01:10:50 | LM45 | 21 |
| 27 | | | | | LM45 | |
| | Windemuth | Lothar | LT Rennhamster | 01:11:35 | | 22 |
| 163 | Göbel | Martin | VFL Schönenberg | 01:12:55 | LM45 | 23 |
| 113 | Schmidt | Werner | Die Turboschluffen | 01:16:05 | LM45 | 24 |
| 189 | | | | | LM45 | |
| | Kramer | Ulrich | | 01:19:00 | | 25 |
| 154 | Bunzel | Reinhold | | 01:24:52 | LM45 | 26 |
| 191 | Wingen | Wolfgang | | 01:39:32 | LM45 | 27 |
| LM50 | | | | | | |
| 101 | Ebbinghaus | Olaf | | 01:02:17 | LM50 | 1 |
| 192 | Altendorf | Oskar | TV Refrath | 01:03:43 | LM50 | 2 |
| 30 | | | | | LM50 | |
| | Zwick | Daniel | Arizona Road Racers | 01:06:05 | | 3 |
| 63 | Schwister | Hans | | 01:08:15 | LM50 | 4 |
| 155 | Weber | Rainer | | 01:09:34 | LM50 | 5 |
| 97 | | | | | LM50 | |
| | Pätzold | Helmut | Hochhausen | 01:13:50 | | 6 |
| 193 | Voth | Dieter | Wassersportverein Mühl | 01:13:54 | LM50 | 7 |
| 112 | Herrndorf | Norbert | | 01:14:17 | LM50 | 8 |
| 170 | Oberhäuser | Reiner | | 01:14:27 | LM50 | 9 |

| | | | | | | |
|-----|-----------|------------|------------------|----------|------|----|
| 178 | Martius | Hans-Peter | | 01:16:50 | LM50 | 10 |
| 21 | Adrian | Gregor | Lauftreff Heide | 01:21:22 | LM50 | 11 |
| 79 | Faßbender | Norbert | LLG St. Augustin | 01:21:28 | LM50 | 12 |

| ST.Nr: | Name | Vorname | Verein | Zeit | Klasse | KL. Platz |
|--------|--------------|--------------|------------------------|----------|--------|-----------|
| LM55 | | | | | | |
| 72 | Frackenspohl | Alfred | TV Wahlscheid | 01:01:23 | LM55 | 1 |
| 151 | Strupp | Manfred | TSV Seelscheid | 01:01:47 | LM55 | 2 |
| 92 | Schmitt | Hans Jürgen | LT Siebengebirge | 01:06:44 | LM55 | 3 |
| 172 | Rabe | Peter | Lauftreff 1.FC Spich | 01:09:12 | LM55 | 4 |
| 132 | Kirschbaum | Max Dietrich | TV 08 Lohmar | 01:15:02 | LM55 | 5 |
| 46 | Schneider | Friedrich | TV Oberbantenberg | 01:17:15 | LM55 | 6 |
| 171 | Oebel | Rolf | | 01:31:50 | LM55 | 7 |
| LM60 | | | | | | |
| 69 | Nerger | Armand | TUS Mondorf | 01:00:56 | LM60 | 1 |
| 167 | Gust | Ernst | LLG St. Augustin | 01:09:08 | LM60 | 2 |
| 86 | Nicolin | Gerd | TSV Seelscheid | 01:10:46 | LM60 | 3 |
| 139 | Schmidt | Wigand | TSV Seelscheid | 01:11:43 | LM60 | 4 |
| 117 | Weidenfeller | Ferdinand | LG DSGV Bonn | 01:14:26 | LM60 | 5 |
| 34 | | | | | LM60 | |
| | Pütter | Edgar | | 01:20:53 | | 6 |
| 100 | John | Gerd | TURA Remscheid-Süd | 01:21:34 | LM60 | 7 |
| 1 | Urbach | Helmut | GSV Porz/Köln | 01:21:59 | LM60 | 8 |
| 153 | | | | | LM60 | |
| | Föll | Dieter | TSV Seelscheid | 01:28:25 | | 9 |
| 93 | Tiedemann | Rainer | | 01:40:22 | LM60 | 10 |
| LM65 | | | | | | |
| 160 | Rettig | Helmut | ASV St. Augustin | 01:09:23 | LM65 | 1 |
| 62 | Kattwinkel | Manfred | TSV Rönsahl | 01:10:41 | LM65 | 2 |
| 177 | Holetzke | Peter | RSV Lövenich | 01:11:36 | LM65 | 3 |
| 49 | | | | | LM65 | |
| | Könen | Bert | SSV Vingst 05 Köln | 01:17:43 | | 4 |
| LM75 | | | | | | |
| 148 | Lepenis | Herbert | LG Herchen | 01:25:13 | LM75 | 1 |
| LMJA | | | | | | |
| 51 | | | | | LMJA | |
| | Grages | Dorian | TV Neunkirchen | 01:06:32 | | 1 |
| LW20 | | | | | | |
| 179 | Steeger | Monika | TV Ruppichterorth | 01:08:56 | LW20 | 1 |
| 88 | | | | | LW20 | |
| | Triebel | Eva | Team Sensemann eintaus | 01:14:30 | | 2 |
| 14 | Meurers | Andrea | HANSA | 01:33:46 | LW20 | 3 |
| 13 | Oebel | Simone | HANSA | 01:35:21 | LW20 | 4 |
| LW30 | | | | | | |
| 99 | Gosing | Bettina | | 01:10:15 | LW30 | 1 |
| 66 | Nerger | Alexandra | Dorfgemeinschaft Hause | 01:15:41 | LW30 | 2 |
| 188 | | | | | LW30 | |
| | Lenzgen | Elke | | 01:20:59 | | 3 |
| LW35 | | | | | | |
| 183 | Barth | Stephanie | | 01:16:49 | LW35 | 1 |
| 82 | Kufahl | Silvia | Sportfreunde RW Beuel | 01:24:05 | LW35 | 2 |

| ST.Nr: | Name | Vorname | Verein | Zeit | Klasse | KL. Platz |
|--------|---------------|-----------|------------------------|----------|--------|-----------|
| 83 | Feld | Petra | Sportfreunde RW Beuel | 01:26:33 | LW35 | 3 |
| 180 | Spanbroek-Rot | Heike | TV Neunkirchen | 01:27:09 | LW35 | 4 |
| 74 | | | | | LW35 | |
| | Schlösser-Lei | Sandra | | 01:32:18 | | 5 |
| LW40 | | | | | | |
| 54 | Müßeler | Giséle | | 01:04:01 | LW40 | 1 |
| 55 | Dewyse | Ute | | 01:07:27 | LW40 | 2 |
| 166 | Thomas | Petra | LT Spich | 01:09:46 | LW40 | 3 |
| 158 | Pfeil-Bonin | Beate | SV Vilich Müldorf | 01:10:24 | LW40 | 4 |
| 176 | | | | | LW40 | |
| | Winter | Judith | TV 1888 Ruppichterorth | 01:12:35 | | 5 |
| 75 | Steinhoff | Barbara | SSZ Bonn | 01:21:15 | LW40 | 6 |
| 159 | Salewski | Birgit | | 01:22:18 | LW40 | 7 |
| 134 | | | | | LW40 | |
| | Schmidtner-Ha | Uteau | LT Siebengebirge | 01:22:24 | | 8 |
| 152 | Vollmer | Birgit | | 01:25:08 | LW40 | 9 |
| 168 | Große-Heilman | Annette | | 01:26:03 | LW40 | 10 |
| 81 | Ortlieb | Isabelle | LT Flögerhof | 01:27:05 | LW40 | 11 |
| LW45 | | | | | | |
| 131 | Kirschbaum | Hannelore | TV 08 Lohmar | 01:11:54 | LW45 | 1 |
| 150 | | | | | LW45 | |

| | | | | | | |
|------|-----------|-----------|----------------------|----------|------|---|
| | Bader | Marion | | 01:17:49 | | 2 |
| 136 | Schoenen | Anna | LSV Köln | 01:20:06 | LW45 | 3 |
| 91 | Schmitt | Inge | LT Siebengebirge | 01:24:18 | LW45 | 4 |
| 120 | Scheuerer | Angelika | LT Rennhamster | 01:28:17 | LW45 | 5 |
| 129 | Meyer | Martha | LK 42,2 St. Augustin | 01:34:39 | LW45 | 6 |
| 10 | Becker | Gabriele | LT Rennhamster | 01:39:12 | LW45 | 7 |
| LW50 | | | | | | |
| 15 | Häntsch | Ingrid | LT Rennhamster | 01:16:43 | LW50 | 1 |
| 48 | Müller | Brigitte | TSV Seelscheid | 01:21:16 | LW50 | 2 |
| 110 | | | | | LW50 | |
| | Molitor | Ulrike | TSV Seelscheid | 01:28:24 | | 3 |
| LW65 | | | | | | |
| 165 | Thomas | Elisabeth | 1.FC Spich | 01:27:50 | LW65 | 1 |
